

St. Philomena Catholic School

General School Information 2025-26

Learning & Growing Together - School Motto



St. Philomena https://schools.niagaracatholi c.ca/stphilomena/



Niagara Catholic District School Board

<u>Home - Niagara Catholic</u> <u>District School Board</u>



Lakeshore Family of Schools

https://www.lakeshorecatholic.

Families with students attending, receive regular updates.

School information

Principal: Mrs. A Cybula. Secretary: Ms. J Smith

Superintendent: Mr. P Rocca

School Email: st.philomena@ncdsb.com

Phone: 905-871-1842

Address: 1332 Philips Street, Fort Erie

Google Maps: https://goo.gl/maps/jNYmwhF35EJo9Uw49



Optional Spirit Wear: bigbearspiritwear.com

St. Michael Catholic Church

St. Michael Roman Catholic Church

Pastor: Fr. Patrick Gilmurry

Email: mailto:stmichaels1@bellnet.ca

Location: 310 Central Avenue, Fort Eris, ON

Phone: (905) 871-0692

Facebook:

https://www.facebook.com/StMichaelRomanCatholicFortErie

Sunday Mass @ 10 am





The Bulldog Experience

As a Christ-entered Catholic faith inclusive school, St. Philomena provides students with enriching experiences that help them excel in academics, deepen their faith, develop long lasting friendships and engage in various sport and clubs. We attend masses at St. Michael Catholic Church, participate in events hosted by Lakeshore Catholic high school, explore our local community through various events/trips and so much more!

Being a St. Philomena Bulldog means more than just wearing our school colors – it's about who we are every single day. Bulldogs are strong, loyal, and caring. At St. Philomena, we work hard, treat one another with kindness, and always try our best.

A Bulldog stands tall with faith, respect, and courage. We look out for each other, celebrate each other's successes, and learn from challenges together. Whether in the classroom, on the playground, or out in our community, we show what it means to be part of a team and a family.

Various sporting events within our Family of Schools and System wide are offered throughout the school year for grades 4 to 8. There are also opportunities for students to join various clubs as well! We are committed to providing co-curricular experiences for our students.

Being a Bulldog means we grow in faith and knowledge, we show perseverance and pride, and we never give up – on ourselves or each other. Once a Bulldog, always a Bulldog!



We are a Kindergarten to Grade 8 school and welcome new registrations throughout the school year! Join our St. Philomena Family! All registrations are completed on line. Need help - during school hours call us at 905-871-1842.

New Kindergarten students must be turning age 4 as of December 31st, 2025 to attend school.

https://niagaracatholic.ca/registration/

JOIN US!! - Niagara Catholic District School Board

JOIN US! Welcome A Catholic education will open the door to a world of possibilities for your child! Discover the benefits of a Catholic education by visiting our elementary or secondary sections. If you are a newcomer to Niagara, we encourage you to explore all we have to offer and look forward to your family [...]

☑ niagaracatholic.ca



Eligibility Finder

NSTS has an easy to use search function to determine transportation eligibility from a specific address to school. The results will indicate if your child is in the bus zone of the school, the walk zone of the school or outside of the school boundary.

☑ nsts.ca

Balanced School Day

Tips for Parents

Two Nutritional Breaks

How to Plan and Prepare for Nutritional Breaks Packing a nutritious meal for the Balanced School Day can be both enjoyable and straightforward. Here are some suggestions to help you plan a healthy lunch for your child:

- Divide a single lunch into two portions to ensure adequacy for each nutritional break. You can label if you wish into "1" and "2" to help younger students plan for eating
- Wrap sandwiches individually or cut them in half.
- Separate fruits, vegetables, crackers, and cheese into labeled bags for each break.
- Pack two sets of snacks for each nutritional break.
- Consider providing two healthy drinks for each break.
- Avoid packing foods containing nuts or nut products to support our nut-safe schools.
- Involve your child in planning and preparing their nutritional breaks.
- Ensure your child includes a balanced selection of healthy foods if they are responsible for packing their lunch.

• Aim to include items from three of the five food groups outlined in Canada's Food Guide to Healthy Eating for each break.

Cell phones in Niagara Catholic Elementary Schools

As we continue to foster a safe and positive learning environment for all students, I would like to remind you of the new regulations regarding cell phone use that have been implemented in Ontario schools.

To minimize distractions and maximize learning, students cell phones are not needed during the school day. If brought to school, they are stored in a backpack/locker and powered off. We kindly ask for your support in reinforcing this policy with your children and encouraging them to focus on their studies during school hours.

Your cooperation is essential in helping us maintain a healthy and respectful school environment. If you have any questions or concerns regarding these rules, please do not hesitate to contact the school.



Catholic School Council

The school council is a key advisory body to its school. Your participation can make a difference.

As an elected school council member, you can connect with parents, school staff and the school community. You are part of a team that improves the student experience and supports high-quality education at your school.

BINGO Parent Volunteer Group

St. Philomena Volunteer Bingo Parent Group is run separately from the school. We encourage parents to volunteer and support their efforts. BINGO funds supports the students within our school by helping to subsidize trips, sport equipment, technology and so much more.



Within our school community, there are several students who have a life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts (e.g. almond, cashew, hazelnut, pistachio). We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to avoid sending peanut butter or products with peanuts listed in the ingredients. There is a wide range of nutritious foods available to pack for your child. Visit www.eatrightontario.ca for suggestions. For more information on anaphylaxis, visit www.anaphylaxis.ca or www.aaia.ca We are working hard at preventing accidental exposure. It is also important that we have common routines throughout the entire school. There are many shared areas (washrooms, fountains, gym, library, computers, etc.) students could come in contact with allergens. The teachers will explain the importance of the following health and safety routines to the students in their classrooms:

- 1. Wash your hands with soap and water before and after eating.
- 2. Do not bring food that contains peanuts/tree nuts.
- 3. Do not accept food from other students especially if you have food allergies.
- 4. Snacks are not permitted outside in the schoolyard.
- 5. Dispose of all food waste properly.

OPTIONAL SPIRIT WEAR ITEMS

Standardized Dress code (blue/white) are required daily and can be purchased at any store. Optional Spirit Wear Items through Big Bear Spirit Wear. These Spirit Wear items are optional (not mandatory) and can be worn daily at the school this year. Free delivery to the school as an option. Orders can take up to 3 weeks during busiest ordering times, as they are made to order.

www.bigbearspiritwear.com

